

WEEKLY SPECIALS | JULY 20-24

7WTC
CAFE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MARKET BAR	CLOSED	<i>Fresh Seasonal Fruit, Oatmeal, Greek Yogurt, Assorted Bagels, Pastries, Assorted Spreads & Jams</i> <i>Salad Greens, Fresh Vegetable Crudités & Fruit, Wholesome Beans & Grains, Lean Proteins & Cheeses, Salad Dressings & Vinaigrettes, Toppings</i> Antipasti: Daily Selection of Seasonal Marinated & Grilled Vegetables, Grain & Bean Salad			CLOSED
DELI	Available Monday through Friday only on Thrive	Eggplant Parmesan Panini Breaded eggplant, mozzarella, marinera Buffalo Chicken Panini breaded chicken strips, blue cheese, franks hot			Available Monday through Friday only on Thrive
GRILL	Available Monday through Friday only on Thrive	Breakfast Special Sausage, Egg & Cheese Biscuit Lunch Special Pastrami & Swiss on Rye			Available Monday through Friday only on Thrive
CHEF'S TABLE			Cilantro Shrimp Bowl black beans, corn salsa, pico de gallo, pickled onions, avocado, crema		
HEARTH			Fire Roasted Sandwiches: Meatball or Chicken Parmesan		
SOUP	Chefs Choice	Caldo de Res	Italian Wedding	Chicken & Wild Rice	
HOT KITCHEN TABLE	CLOSED	BREAKFAST Scrambled Eggs Spinach & Feta Egg Whites Scrambled Home Fries Turkey Sausage Taco Tuesday Seasoned Taco Beef Crispy Fish Seasoned Black Beans Cilantro Lime Rice Flour Tortillas	BREAKFAST Cheddar & Bacon Scrambled Eggs Herb Scrambled Egg Whites Peaches & Cream French Toast Chicken Apple Sausage Italian Vegetable Lasagna Fire Roasted Fish Creamy Risotto Garlicky Broccoli	BREAKFAST Cheesy Chive Scrambled Eggs Kale & Pepper Scrambled Egg Whites Triangle Hash Browns Pork Sausage Link Comfort Nashville Hot Wings Sweet n Sour Wings Jalapeño Poppers Waffle Fries	CLOSED
GRAB N GO	CLOSED	Breakfast Sandwiches Mozzarella Sticks Quesadillas	Breakfast Sandwiches Mozzarella Sticks Quesadillas	Breakfast Sandwiches Mozzarella Sticks Quesadillas	CLOSED